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| COURSE DESCRIPTION | | | | | |
| Course | Code | Term | T+A Hour | Credit | ECTS |
| COUPLE AND FAMILY COUNSELING | PCG 525 | 1/2 | 3 + 0 | 3 | 6 |

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| Prerequisite courses | - |

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| Language of Instruction | English |
| Level of Course Unit | Graduate |
| Type of Course Unit | Free Elective |
| Coordinator of the Course |  |
| Name of Lecturer(s) |  |
| Assistants of the Course |  |
| Content of the Course | * Historical development of dual therapy, theoretical sub-structure, basic concepts and processes, different therapy approaches and applications |

Objective of the Course:

* Knowing couple counseling theories. Identify the differences between consulting approaches and techniques. Demonstrate effective and reflective listening and counseling skills. Gaining the ability to

work with couples.

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| **Learning Outcomes** | **Program Learning Outcomes** | **Teaching Methods** | **Measurement Methods** |
| Couple therapy knows related concepts. | 1,2,3,4,6 | 1 | 4,5,8 |
| They can improve their ability to help families, couples and individuals. | 1,2,3,4,6 | 1 | 4,5,8 |
| Theories, principles, concepts and techniques related to double counseling and techniques | 1,2,3,4,6 | 1 | 4,5,8 |

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| **Teaching Methods:** | 1: Lecture, 2: Question-Answer, 3: Discussion 4: Case Study 5: Problem solving |
| **Evaluation and Assessment Techniques:** | 1: Exam 2: Experiment 3: Homework |

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|  |  | |  | COURSE’S CONTRIBUTION TO PROGRAM | Katkı Düzeyi | | | | | |
|  |  | |  |  | 1 | 2 | 3 | 4 | 5 |  |
|  |  | | 1 | Having knowledge of past, basic though and principles of the PCG, and implementing PCG | x |  |  |  |  |  |
|  |  | | 2 | Comprehending meaning and importance of the coordination, consultation/consulting and supervision in the PCG field, and implementing them |  | x |  |  |  |  |
|  |  | | 3 | Having knowledge of ethical rules accepted by national and international PCG associations, and implementing them |  |  |  | X |  |  |
|  |  | | 4 | Learning to accept everyone as they are / with all kind of features by the multicultural approach |  |  | X |  |  |  |
|  |  | | 5 | Learning theories/information about cultural awareness, cultural social justice, solution of conflicts, and other cultural behaviors; for development and health of human soul, mind and body, and implementing them |  | X |  |  |  |  |
|  |  | | 6 | Learning theories related to the development, learning and personality development so as to facilitate positive development and wellness of individual for his/her life time, and implementing them |  |  | X |  |  |  |
|  |  | | 7 | Understanding the environmental factors affecting normal and abnormal behaviors, psychopathology, disability conditions and crisis during his/her development process, |  | X |  |  |  |  |
|  |  | | 8 | Learning and implementing the career consulting, processes, techniques and sources, career development and decision-making model so as to include those applied to certain groups in the global economy |  |  | X |  |  |  |
|  |  | | 9 | Learning psychological consulting theories, being aware and use of intervention techniques suitable for counselees in practice | X |  |  |  |  |  |
|  |  | | 10 | Learning group process, roles and behaviors of group members, group working, therapeutic factors, and principles and techniques of group dynamics containing developmental stages | X |  |  |  |  |  |
|  |  | | 11 | Learning varieties and skills of being group leader and implementing them | X |  |  |  |  |  |
|  |  | | 12 | Gaining understanding to assess individual and group approaches within framework of multicultural society |  | X |  |  |  |  |
|  |  | | 13 | Comprehending and implementing standardized and non-standardized tests containing the environmental assessment, performance assessment, individual and group assessments and inventory methods, psychological testing, and behavioral observations, as well as basic concepts of other assessment techniques |  |  |  |  | X |  |
|  |  | | 14 | Learning qualitative and quantitative scientific research methods, comprehending importance to make research in the field of PCG and to present results in written, and implementing them |  |  | X |  |  |  |
|  |  | | 15 | Learning how to use internet and technology for accessing information, sharing information, professional development and data analysis |  | X |  |  |  |  |
|  |  | | 16 | Sticking to confidentiality principle in the PCG services, believing that benefiting from the PCG services is open to everyone for their life time on voluntarily basis |  |  | X |  |  |  |
|  |  | | 17 | Understanding the barriers before education of students who need special education and supporting students in these fields |  | X |  |  |  |  |

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| COURSE WORK CALENDAR | | |
| Week | Topics |  |
| 1. | Couple counseling history and development, goals and general principles |  |
| 2 | Psychodynamic and insight approach |  |
| 3 | Structuralist approach: (Watzlawick, structuralism and communication) |  |
| 4 | Cognitive-behavioral approach (Ellis, Beck) |  |
| 5 | Strategic approach: Haley Family Therapy |  |
| 6 | Short-Term Therapy (power relationship control, hierarchy). |  |
| 7 | Minuchin-Structural Family Therapy |  |
| 8. | Bowen (systematic family and "nature systems") |  |
| 9. | Midterm |  |
| 10 | Satir (united family) approaches and techniques |  |
| 11 | Humanistic approaches (Maslow, Rogers) |  |
| 12 | Intervention techniques |  |
| 13 | Relationship problems in dual relations |  |
| 14 | final exam |  |

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| **RESOURCES** | |
| **Required Textbook** | Family Therapy History, Theory and Practices; Author: Samuel T. Gladding |
| **Additional Textbooks** | Academic articles selected by the course instructor according to their interests and past experience. |

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| **MATERIAL SHARING** | |
| **Materials** |  |
| **Homeworks** |  |
| **Exams** |  |

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| **ASSESSMENT** | | |
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| TERM LEARNING ACTIVITIES | NUMBER | WEIGHT, % | |
| Midterm Exam | 1 | 20 | |
| Quiz | 0 | 0 | |
| Homework | 1 | 25 | |
| Participation in the course | 1 | 10 | |
| Final Assignment to Success | 4 | 45 | |
| Achievement Rate for the Year |  | 55 | |
| Total |  | 100 | |

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| COURSE CATEGORY | Lecture on Specialized Field | | |
| ECTS / WORK LOAD TABLE | | | |
| Activities | Number | Duration | Total Work Load |
| Course Duration (includes exam week: 14x total course hours) | 16 | 4 | 64 |
| Out-of-class Course Study Time (Pre-study, practice) | 16 | 4 | 64 |
| Mid Term | 1 | 3 | 3 |
| Attendance | 0 | 0 | 0 |
| Homework | 1 | 9 | 9 |
| Final | 1 | 10 | 10 |
| Total Workload |  |  | 150 |
| Total Workload / 25 (s) |  |  | 6 |
| ECTS Credit |  |  | 6 |